



Book Review; The Fluent Leader

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For leaders in any type of organisation, *The Fluent Leader* offers you **a process to assess and change behaviour.**

The Functional Fluency framework, on which it's based, can be used across a range of your leadership challenges. The book shares the architecture for developing effective workplace relationships with individuals and teams, or as a stand-alone apparatus for your own personal reflection, growth and, above all, changing what you do.

You don't need to be an expert in Transactional Analysis to make use of The Fluent Leader. With simple graphics and helpful case illustrations, I found it easy to hold the structure in mind, as a mental model for trusted guidance and creative experiments, to make practical improvements in my leadership.

As a coach, I use the material with many of my clients who like the flexibility, range and precision. **The strength of The Fluent Leader is in the apparent simplicity of a way of being at work,** which can be expressed on a single page of A4 which yet reveals a rich resource for exploring relationships and behaviour in your organisation.

So, when it comes to leading self and others, I found *The Fluent Leader* gave me everything I needed to perform at my best with a reservoir of knowledge and insight to return to again and again.