

Dates:**22 - 23 October 2021** (Days 1 & 2)**26 November 2021** (Day 3)**14 January 2022** (Day 4)

Online licensing training for TIFF[®] providers.

ACHIEVE HIGHER PERSONAL EFFECTIVENESS AS A HELPING PROFESSIONAL

What is Functional Fluency and TIFF[®]?

Functional Fluency is the art and skill of interpersonal effectiveness. Dr Susannah Temple coined the term in 1996 to mean those positive and flexible ways of responding to each other that help us to communicate well. It is about our social 'response-ability' i.e. learning how to 'respond more' and 'react less' and thereby building more effective relationships.

TIFF[®] (Temple Index of Functional Fluency) is an international award-winning coaching and personal development tool based on the Functional Fluency Model.

It consists of an online questionnaire which - after completion - creates a personal profile, that can help us see clearly how people behave, where they focus their energy and how effectively they do that.

Course leader: Liz Jackson

Liz is a psychotherapist, coach and trainer. She runs a private practice in Oxfordshire and has been working in education for over 30 years.

Participate in our Online Modular Programme

The aim being:

- to clear the way for more effective interpersonal interaction
- to develop leadership and thriving growth in all areas of life

How is the programme taught?

The programme is modular and consists of one two-day workshop and two one-day workshops all of which are provided online via Zoom.

The training is friendly and interactive and includes innovative theory, experiential exercises, group discussions, buddy work and individual reflection.

In advance of the first teaching module participants who have not previously done so will complete their own TIFF® with a licensed provider.

Between modules participants will develop the skills they have learnt on practice clients, receive small-group supervision with the course leader and complete some short assignments.



Training Requirements

- 3 years relevant experience in a helping or managerial profession.
- A basic knowledge of Transactional Analysis (TA).

For those without any prior knowledge of TA on which the Functional Fluency model is based, a short separate course can be provided for an additional charge.

Investment

The cost for this four-day Functional Fluency and TIFF® licensing training depends on where you are located in the world. The training fee is equalised with the purchasing power of the different currencies. **Flexible payment arrangements are available.**

