

*Dates:***21-22 November 2025** (Days 1-2)**28-29 November 2025** (Days 3-4)**23-24 January 2026** (Days 5-6)**20-21 February 2026** (Days 7-8)2 x Supervision sessions will be scheduled
in between these half-day training dates.**FOR COACHES, LEADERS AND ALL TYPES OF
HELPING PROFESSIONALS**

Online licensing training for TIFF[®] Providers

ACHIEVE HIGHER PERSONAL EFFECTIVENESS AS A HELPING PROFESSIONAL

What is Functional Fluency and TIFF[®]?

Embark on a transformative journey as you delve into the realm of Functional Fluency - and master the art of effective communication.

Coined by Dr. Susannah Temple in 1996, Functional Fluency represents the positive and flexible ways we interact with others, fostering harmonious connections. It's all about unleashing our social 'response-ability,' empowering us to respond thoughtfully and build profoundly impactful relationships.

TIFF[®] (Temple Index of Functional Fluency) is the internationally acclaimed and award-winning coaching and personal development tool inspired by the Functional Fluency model.

TIFF[®] consists of an online questionnaire which - after completion - creates a personal profile, that can help us see clearly how people behave, where they focus their energy and how effectively they do that. This innovative approach is your key to unlocking personal growth and unleashing your fullest potential.

Course leaders:

Valerie Fawcett & Rona Rowe

Valerie and Rona are experienced in working with leaders and managers at all levels in both public and private organisations.

Participate in our Online Modular programme

The aim of this programme is to:

- clear the way for more effective interpersonal interaction
- develop leadership and thriving growth in all areas of life

Discover the secrets to responding more and reacting less, and ignite a remarkable shift in your communication skills and relationship dynamics.

How is the programme taught?

The programme is modular and is split over 8 half-day training modules, all of which are provided online via Zoom.

In advance of the first teaching module all participants who have not previously done so will complete their own TIFF® questionnaire and feedback session with a licensed provider.

This friendly and interactive training includes innovative theory, experiential exercises, group discussions, buddy work and individual reflection. In between modules, participants will develop the skills they have learnt on practice clients, receive small-group supervision with the course leaders and complete some short assignments.

And for those without any prior knowledge of TA on which the Functional Fluency model is based, a short, separate course can be provided for an additional charge.



Training Requirements

- 3 years relevant experience in a helping or managerial profession.
- A basic knowledge of Transactional Analysis (TA).

Investment

The cost for this eight half-day Functional Fluency and TIFF® licensing training depends on where you are located in the world. The training fee is equalised with the purchasing power of the different currencies. **Flexible payment arrangements are available.**

ICF Accreditation

This training is recognised and approved by the **International Coaching Federation** and qualifies for **40 CCEu credits** towards the renewal of your **ICF Credential**.

Whether you are seeking personal growth or professional success, Functional Fluency will guide you towards a world where effective communication becomes second nature.

